

What is Aligner Treatment?

Aligner treatments are a treatment model designed by emphasizing both appearance and usage advantages.

The aim is to put wires, brackets, etc. In the mouth, without braces, as in the traditional method. It is the realization of a treatment in which there are no images but still the teeth are corrected. It is also known as wireless orthodontic treatment by most people. With the support of computer-aided technologies, the treatment range of 'aligners' is expanding today.

Because orthodontic treatments are less frequent than other dental treatments and are somewhat unusual, braces have become a general focus of attention. However, most of the time, the treatment conditions offered during braces treatments can act as a deterrent in the treatment decisions of people.

'Align' is an English word meaning to align. In other words, aligning the teeth and arranging the teeth in an aesthetic way was the main goal of these plates at the beginning. Today, it can be used in a wider range to solve dental problems in a certain framework.



Video - How to use Impression Kit

While most of the patients want to have orthodontic treatment for crooked teeth, sparse teeth, clenched teeth and tooth positions, they do not want the braces to appear. Transparent appliances are almost invisible as brackets and metal wires are not used. They can be easily removed and put on when necessary in daily life (for example, while doing dental care). Thus, routine dental cleanings such as tooth brushing and flossing are much easier than braces.

What Are The Advantages of Transparent Plaque Treatment?

The most important feature of transparent appliances is that the appliances that perform the treatment can be attached and removed by the patient himself. This gives a person great freedom. He may not be able to use his short-term plates at crucial moments. Since it is very practical to put on and take off, this procedure does not affect the treatment much. However, it is essential that the total usage time is not less than 20 hours per day.

Another advantage of transparent appliances is that they are almost invisible compared to traditional brackets and wires. If you think that you use a new one every 2 weeks, you will immediately start the next plate before the transparency of the plates goes away, and this allows you to use new and transparent plates constantly.

In addition to its almost invisible visual advantage, your transparent plaques that can be used for 3-5 months are produced with the measurements and molds taken from you. In your visit after using the plates, the measurements and molds taken again according to the improvement rate of your teeth and the number of visits to the clinic during this period decrease depending on your doctor's permission. Therefore, it is possible for you to be treated easily by coming from outside the province or even abroad at long intervals without disrupting your plans. You have the chance to spread your plans to the intervals you want, not according to the treatment, but as your orthodontist deems appropriate.



Besides these;

- You get visible results in a short time
- It is much more useful in terms of hygiene as you can easily take it off and put it on
- It is much more comfortable than traditional bracket treatments

Since there will not be any wire and metal in the mouth, you will not experience problems such as wounds and stinging in the mouth, you can protect your taste by removing your plaques during the meal.



Is Aligner Treatment Suitable for Me?

It is possible to treat many types of dental crowding with aligner treatments. However, it is very important that you first be examined by your orthodontist and have clear information about whether the treatment using aligners (transparent appliances) is suitable for you and its benefits.

Why Should I Choose Clear Plates?

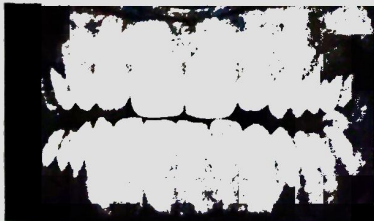
- It will not affect your daily routine
- It is much more comfortable to use than braces,
- It is suitable for your oral and dental health,
- It does not cause pain or pain.
- You can easily put on and take off,
- Almost invisible due to their transparency

What Are the Treatment Prices with A Transparent Plate?

The treatment model that will be offered to you may never be the only one. Having knowledge about alternative methods will yield the healthiest result only with a face-to-face examination. With both painless treatment and ease of use, aligner treatment promises you natural and straight teeth together with invisible orthodontics. In our clinic, you can have a free examination to configure special treatments for you, and you can get information about the most appropriate treatment method and fees for transparent plaque treatment, taking into account your Oral and Dental Health.

If you have a condition that meets the conditions of treatment, the doctor Your device will start your process by taking a measurement. After that, the process continues with you starting to put on your first records in a week, ten days.

Getting Started with Aligner Treatment



Is plaque difficult to use?

We often consider transparent appliances or corrective plates as a method that our patients use comfortably and that the acclimatization process is faster than normal braces. In this regard, the best comparison is made by our patients who have previously received braces and then continued a part of their treatment with aligner, that is, transparent appliances. I haven't seen any dissatisfied in this group yet. Compared to fixed wire, the use of platters is less laborious, comfortable and easier to get used to. Since this process of getting used to is short, the changes in the result can be positive and fast.

Is there any special preparation required before the Plaque or Transparent Appliance treatments?

The preparations to be made before starting all orthodontic treatments overlap with the things to be done before the transparent appliance process. As a result, we want our mouth to be healthy and trouble-free during a long treatment process. In the orthodontic treatment process, it is a rule to treat toothaches, gingival bleeding, filling caries treatments, tooth and gum problems and poor oral hygiene conditions that will disrupt the treatment and to start orthodontic treatment without any problems and in high-level healthy conditions.

Sometimes, orthodontic treatment may pause due to this type of caries treatment, which is undesirable or unnoticed during the wire treatment process. After the dental treatments are finished, the braces treatment is continued. However, there is a very important issue that should be considered in transparent appliance treatments.

Transparent appliances are made within a mold taken from the tooth surface. In other words, the surface shape of the tooth and the inner surface of the appliance are the same and the plaque settles on the tooth without any errors. In this way, the treatment process begins. However, after your plaques are made, when filling, coating, etc. treatments are performed, the dental surface structure or anatomy will change, so the plaques will no longer fit in your mouth. All plaques that have been made may also become unusable. For this reason, all dental treatments should be completed before transparent appliance treatments, and all treatment possibilities that could cause problems in the treatment process should be avoided.

This is one of the features that distinguishes bracket treatments from transparent appliance treatments.

Based on this information, let's summarize the issue with the following items:

- Oral health should be at the highest level before the transparent appliance treatment.
- Caries and veneer treatments should be performed, including possible filling repetitions during the transparent appliance treatment.
- Gum health should be good, tartar, edematous and bleeding gums should not be.
- You can get a free examination for Aligner Treatment with Transparent Plaques at our Uzmanlar Oral and Dental Care Center in Besiktas Istanbul.

THE MOST UPDATED METHOD IN CORRECTING CROSSES!

In orthodontic treatments performed with aligner, that is, transparent aligners, people around you almost do not realize that you are being treated. The treatment process continues with the help of serial plates created by your physician. Your plates are changed regularly in approximately 2-3 weeks. With each plaque change, your teeth move a little more. With the last used plates, your teeth will have reached their final position.

During the treatment process, there is no difficulty in your habits such as brushing and flossing. While eating you will not have any difficulties. It is very easy to remove and install the plates. It does not require any special care during the treatment process.

All you have to do is wear your records for the required times throughout the day.

Price

Aligner Treatment Price From: 1200 € to 2000 €

Price includes:

- Dental examination / consultation
- Panoramic dental scan (OPG x-ray)
- 3D full mouth scan
- Professional teeth cleaning and polishing (full mouth)
- Laser teeth whitening
- Gum contouring & scaling (included)
- Specialist dentist treatment
- Airport-hotel transfer VIP transfer taxi services (round way)
- 3 nights Hotel accommodation & Breakfast
- English speaking staff
- Free online dental consultation for 1 year
- Payment plan & instalment options

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