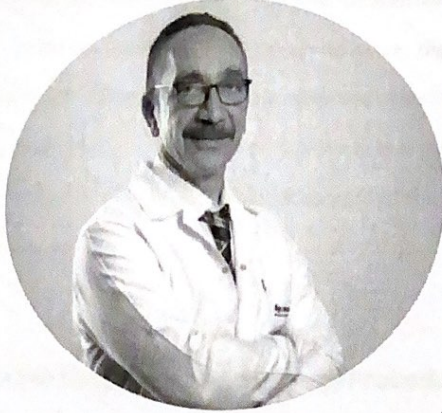


## What is Gastric Bypass?



Unlike the general misinformation on public, Gastric By-pass is metabolic surgery rather than weight loss surgery. It is performed for patients who have diabetes or similar metabolic diseases. The diabetes elimination rate of Gastric Bypass surgery is 90-95%. In this procedure, the surgeon leaves small pouch portion of the stomach connected to the Oesophagus . This pouch is stapled to seal it off from the rest of the stomach. The rest of the stomach is not cut or removed stays put. Dr connects the upper part of the small intestine to the pouch has been newly created. When you eat, food directly goes through the upper portion of the small intestine. Since the small pouch no longer digests any food and the small intestine does the absorption of the minerals, vitamins, and calories, the body will absorb limited calories only.

## How is the procedure is performed?

It's performed laparoscopically which means the surgeon performs it through 5 small holes around the size of 1-2 cm with high-end devices.

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### **How long does the Surgery/Procedure take?**

Surgery time is approximately 2 hours.

### **Anticipated Risks**

Any kind of surgery entails some risks due to the incisions involved in the operation. Deaths resulting from the surgery are very rare. The complications of the surgery are; bleeding, respiratory dysfunction, stenosis or obstruction of the stomach, and leaking due to the staples.

However, it is common to observe some complications after the Bypass surgery.

Such as :

- Diarrhea
- Dumping Syndrome
- Absorption problems in the small intestine
- Unhealthy Unexpected Weight-Loss
- No chance to perform endoscopy afterward

### **Recovery Process / Period**

After being discharged to the Hotel, usually patients are not feeling any pain.

After Gastric Bypass, there are a few things you should be careful of. You

  
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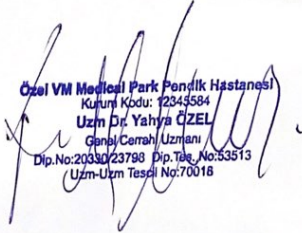
shouldn't be lifting too much weight for one month. Other than that if you have a desk job you can return to your work after the first week. You can start walking right after the surgery, walking is better for the healing process. You can start exercises with daily walks.

Approximate 2 weeks

- Days of Admission Every day,
- Days of Stay in the Country 5 days

### **Expected After Care**

- Trained medical interpreter/personal
- Full medical screening before and after the surgery, post operative meds, PCR tests, etc.
- Lifelong on-line medical consultations and support.
- Special garments, all medications during the hospitalisation. • Doctor experience with the procedure

  
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