

PROJECTS, ARTICLES AND TRAININGS:

DR. BEGUM ARITAN – MD

A. On-going Projects

1. Investigation of the Relationship Between Occupational Balance and Quality of Life in Obese Individuals with Common Anxiety Disorder (Ethics Committee Approval Date: 03.01.2024 Issue No: 24278 SBÜ Hamidiye Scientific Research Ethics Committee)
2. Investigation of Cognitive Flexibility and Psychological Resilience in Patients with Obsessive Compulsive Disorder (Ethics Committee Approval Date: 08.12.2023 - Issue No: 23532 - SBÜ Hamidiye Scientific Research Ethics Committee)

B. Articles

1. Valproate-induced hyperammonemic encephalopathy aggravated by benzodiazepine: Evaluation of the 3 cases and management presented at 11th International Congress on Psychopharmacology & 7th International Symposium on Child and Adolescent Psychopharmacology on 04.19.2019
2. Garip B, Ogur B Neuropsychiatric Results of Chemical, Biological, Radiation and Nuclear. Askerlik Hizmetinde Psikiyatri [Psychiatry in the Military Service] - 1st Edition. Ankara Türkiye Clinics; 2019. p.82-8.
3. Uzun Ö, Bolu A, Taşçı AB, Oğur B [Knee Buckling \(Negative Myoclonus\) Associated With Clozapine: Reports on 3 Cases. Clinical Neuropharmacology: 1/2 2020 - Volume 43 - Issue 1 - p 26-27 doi: 10.1097/WNF.0000000000000370](https://doi.org/10.1097/WNF.0000000000000370)
4. Garip B, Oğur B, Uzun O. Aripiprazole-Associated Oligospermia. American Journal of Therapeutics: October 01, 2020 doi: 10.1097/MJT.0000000000001246
5. Oğur B., Garip B., Kayir H. Şizofreni Hastalarında Nötrofil Lenfosit Oranının Antipsikotikler ile İlişkisi [Relationship of Neutrophil Lymphocyte Ratio with Antipsychotics in Schizophrenia Patients] presented at 55th National Psychiatry Congress on 10.24.2019
6. Ogur B, Garip B Travmatik Beyin Hasarına Bağlı Kişilik ve Davranış Değişiklikleri Olgu Sunumu [Personality and Behavioural Changes Due to Traumatic Brain Trauma Case Report] accepted at 56th National Psychiatry Congress
7. 3. Istanbul ACT Days, October 29-31, 2021 (Investigation of Experiential Avoidance, Rumination and Worry Levels of Individuals with and without Obesity - Verbal Presentation)
8. Ogur B., Garip B. 58th National Psychiatry Congress, October 19-23, 2022 Izmir; “Tedavi başlanmamış Obsesif Kompulsif Bozukluğu Olan Hastalarda Bilişsel Esneklik ve Psikolojik Dayanıklılığın İncelenmesi [Investigation of Cognitive Flexibility and Psychological Resilience in Patients with Untreated Obsessive Compulsive Disorder]” Verbal Presentation
9. Akyüzlü Dilek Kaya, Kotiloğlu Selin Özkan, Danışman Mustafa, Bal Ceylan, Oğur Begüm, Ispir Gamze Zengin. Effects Of Oprk1 Rs997917, Rs12548098, Rs6473797 and Rs963549 Polymorphisms On Plasma Buprenorphine Levels In Opioid Users ,a TUBITAK Project
10. B. Garip, Oğur B, Tekin Ş Comparison of Neutrophil-to-Lymphocyte (NLR) Ratio in Affective vs. Non-affective Psychosis The European Journal of Psychiatry

11. Obsesif Kompulsif Bozukluğu olan bireylerde Uyku Yapısının İncelenmesi , Retrospektif Vaka Kontrol Analizi - Investigation Of Sleep Structures In Individuals With Obsessive Compulsive Disorder, Retrospective Case-Control Analysis - Medical Specialization Graduation Thesis, Ankara 2022 (YÖKTEZ No: 736499)

C. Attended Training Programs

1. Anxiety and Depression Tests in Laboratory Animals (METU - a TUBITAK Project)
2. Fall School 3P- Psychiatry, Psychology, Philosophy Education Training (2018-Burhanettin KAYA)
3. 1st National Congress on Hypnosis (30.11.2018 - 02.12.2018, Istanbul)
4. Third International Leyla Zileli Psychoanalysis Symposium (November 16-17-18, 2018, Ankara)
5. Turkish Psychiatric Association Practical Scientific Research School (November 23-25, 2018-Samsun)
6. 4th Psychiatry Summit and 11th Anxiety Congress (March 14-17, 2019 Antalya, Turkey)
7. Workshop on Hypnosis and Cognitive Therapy, Atilla Soykan
8. Use of Statistical Methods in Scientific Research and Basic Biostatistics Course (April 19-20, 2019, Turkish Urological Association)
9. Gülhane Research Hospital Training on Metacognitive Therapy, Dr. Halise Devrimci Özgüven
10. Basic Training on Cognitive Behavioural Therapy (CBT) - Hakan Türkçapar - 2019-Ankara
11. 55th National Psychiatry Congress (October 23-27, 2019, Istanbul Pullman Hotel)
12. 2nd Congress of Cognitive Behavioural Psychotherapies (October 2-4, 2020- Online)
13. 5th Psychiatry Summit & 12th Anxiety Congress October 28-31, 2020, Online Congress
14. 13th Neuropsychiatry Days (November 13-15, 2020, Online)
15. Basic Training on Cognitive Behavioural Therapy (CBT) - January 9 - March 9 - She completed 40 hours of Basic Training
16. 57th National Psychiatry Congress, October 20 - 24, 2021, Sheraton Hotel Ankara (Evidence-Based Treatment in Pregnancy and Breastfeeding and Introduction to Acceptance and Commitment Therapy (ACT) Courses
17. SBÜ Scientific Research Club and Technomedicine Club June 3-4, 2023 2nd National Student Congress Neuroscience - Neurobiology of Attention Deficit Hyperactivity Disorder (ADHD) Verbal Presentation
18. Istanbul Gedik University Continuous Education Centre and Hipnoter Academie "Basic Hypnosis Training and Hypnosis Coaching Certificate" (5 Days 20 Hours) (24.05.2023 - E-government Approved)
19. Istanbul Gedik University Continuous Education Centre and Hipnoter Academie "Hypnosis Practice Training" (December 9-10, 2023, Cologne Germany)

20. Istanbul Gedik University Continuous Education Centre and Hypnoter Academie
"Hypnosis Practice Training" (January 27-28, 2024 Berlin, Germany)
21. Institute for Psychological Research Hypnosomatics and Biosomatics Training, September
28-29, 2024 Istanbul