

TESTS:

Metabolic Check-Up

- Blood Tests
(Glycemic curve, Insulin curve, CRP, Total cholesterol, HDL and LDL, Triglycerides, Albuminemia, Azotemia, Creatinine, Uricemia, GOT or AST, GPT or ALT, Gamma GT, Blood count, Transferrin, TSH, fT4, Vitamin D , sodium, potassium, calcium, phosphorus, magnesium)
- Dietary history, assessment of nutritional status and elaboration of a diet
- Nutrition Counseling
- Indirect Calorimetry
- Thyroid Ultrasound
- Psychiatric Visit
- Stress Test
- Integrated Endocrinological Visit