

# Penile Enhancement (Enlargement) Surgery

(The present paper has been prepared to provide information about penile enlargement surgery, what to expect after this reconstructive surgery, and the potential risks of the operation and the recommendations after surgery)

### INTRODUCTION

**Penile enhancement surgery**, is a reconstructive penile operation which has been performed in adults and children. The main goal in this surgery is to increase the length and girth of the penis by a special technique.

What penile enlargement can treat and expected results:

- Micropenis
- Small penis, thin penis
- Penile length in flaccid situation
- Penile width, or girth in both flaccid and erected position

### **CANDIDATE**

Who are good candidates for penile enhancement or enlargement surgery?

The best indications of this enlargement surgery are following patients:

- Men or children with micropenis
- Men with small and thin penis
- Men who have complaints about the penile lenght
- The person who is not happy about the appearance of the penis

#### COST

How much does penile enlargement cost?

It depends on the type of procedure. There are variety of of procedures including penile lenthening, penile widening operation or both. The cost depends on the procedure type. Penile enhancement surgery costs depend on also anesthesia fees, hospital or surgical facility costs, medical tests, and Surgeon's fee

## **CONSULTATION**

What should I expect during a consultation for penile enlargement?

During your consultation be prepared to discuss:

- What about your surgical goals, with regard to both appearance and erection
- What about your medical conditions, drug allergies and previous medical treatments
- Current medications, vitamins, herbal supplements, alcohol, tobacco and drug use
- Previous surgeries

Urologist, specialized in reconstructive surgery, may also:

- Evaluate your general health status and any pre-existing health conditions or risk factors
- The options available to you for penile enlargement
- Examine and measure your penile length and girth
- Take photographs
- Discuss your penile surgery options





- Discuss likely outcomes of a penile surgery and any risks or potential complications

The consultation is the time to ask your urologist questions. To help, we have prepared a checklist of questions to ask your penile enlargement surgeon that you can take with you to your consultation.

It's very important to understand all aspects of your penile enlargement procedure. It's natural to feel some anxiety, whether it's excitement for your anticipated new look or a bit of preoperative stress. Don't be shy about discussing these feelings with your urologist.

## **RISKS AND SAFETY**

### What are the risks of penile enlargement?

You will be asked to sign consent forms to ensure that you fully understand the procedure and any risks that come with it.

# Penile Enlargement Surgery risks include:

- Anesthesia risks
- Infection
- Poor wound healing or scarring
- Change in skin sensation (numbness or pain)
- Erectile dysfunction is very rare.
- Decrease in erection quality is rare.
- Unsatisfactory penile appearance
- Skin discoloration and swelling
- Possibility of revisional surgery

These risks and others will be fully discussed prior to your consent. It is important that you address all your questions directly with your urologist.

#### **PREPARATION**

How should I prepare for Penile Enlargement?

In preparing for penile enlargement surgery, you may be asked to:

- Get a lab test
- Take certain medications or adjust your current medications
- Stop smoking
- Avoid taking aspirin, anti-inflammatory drugs and herbal supplements as they can increase bleeding

#### PROCEDURE STEPS

What are the steps of a penile enlargement procedure?

# Step 1 – Anesthesia

Medications are administered for your comfort during the surgical procedure. The anesthesia choices includes general anesthesia. Your doctor will recommend the best choice for you.

### Step 2 - The incision

The surgery is performed after a special incision above the radix penis, which is called V-Y incision. This special incision and closure of it helps to increase the penile length in addition to penile enlargement surgery. Another incision is made in the inguinal region, to take epidermal tissue to enhance the girth of penis.





# Step 3 - Penile Lengthening

Penile length can be increased by cutting the penile suspensory ligament, but not all, only the enough part of the ligament. The most important point in this technique is the required amount of cutting decided by an experienced surgeon.

Both cutting the suspensory ligament and the special incision at the beginning will hwlp to increase penile length about 2.5-3 cm.

### Step 4 - Penile Enlargement (Thickening)

When the patient needs to have an enlarged penis, I mean the thicker one, we have a durable technique that thickems the penis in girth. The epidermal tissue from the inguinal region is used to place beneath the skin of the penis circumferentially in a vertical manner.

### Step 5 - Closing the incision

When we performed either penile elongation surgery or enlargement one, the next step is the one of the most important points in penile cosmetic surgery. The closing the V-incision is very important part of the whole surgery and the operation site is closed as V-Y suturing technique.

#### RECOVERY

Just after the operation, the operation site is covered by sponge and elastic bandage on it. This dressing will stay for 3-4 days to prevent hematoma. The patient will be discharged on post-operative second day from the hospital with essential recommendations.

### **PATIENT TIMELINE**

Step 1 – The patient arrives to Istanbul

Step 2 – 1st Day: Consultation with the surgeon and Lab tests- You will stay at the Hotel you choose. Meet up with the operating surgeon to have a consultation and with the anesthesia doctor aswell. Get a blood test done and any additional tests if needed.

Step 3 – 2nd and 3rd Day: Penis Enlargement Operation - You will spend 2 nights at the hospital Have the Penis Enlargement Surgery done (If general anaesthetic is used you may need to stay overnight in hospital. It usually takes about two weeks to make a full recovery, but it can take up to six months to see noticeable results)

Step 4 – 4th Day: Contro I- You will stay at the hotel or you can go back to your country. Go back to your own country. (As long as patients can walk around the plane every hour, patients can fly 2 days after surgery. In long distance flights to other countries, more than 2 days recovery may be needed before taking a long flight.)

Days of Hospitalization: 2 Days Days of Stay in the country: 5 days

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