



Lokman Hekim
ESNAF HOSPITAL

Description of Breast Implant Surgery

Breast implantation or breast augmentation mammoplasty, does not matter how we call, is a plastic surgery procedure that aims to increase the size, to change the shape and enhance the contour of the breast.

How It Is Performed?

Although the surgery can be done under local anesthesia with sedation, Our Surgeon, Rıza İnan Kocaarslan generally advise general anesthesia to the patients. Therefore, as with most surgery, patient first have blood and anesthesia test done first before procedure.

In the most common technique, doctor makes an incision along the underside of patient breast. Afterwards, the surgeon places the implant through this opening. The implants may place below or above the pectoral muscle. With the submuscular placement method, implants are inserted under the pectoral muscle. There are two types of 'Mentor' brand implants that are used by our hospital. The first and most demanded one is round silicone. The other one is called as teardrop. The placement method, the type and the size of silicone will be determined after the first examination according to the patient's breast and chest size as well as according to patient's wishes.

At the end of operation, doctor closes the incisions with sutures or stitches. Stitches and surgical tape close the skin and keep it closed. At first days, the incision lines can be visible; however it will fade out day by day.

Days of Stay and

Breast augmentation surgery is mostly performed under general anesthesia and takes two to three hours. The patient accommodates one night at Lokman Hekim Esnaf Hospital. After the post examination session, patient will be discharged the following day. Fit to fly document will be given to the patient within 5-7 days.

Risks and Success Rates

According to researches, more than 98% of women who underwent breast augmentation surgery were satisfy with the results they met. Nonetheless, some common complications, such as bleeding or wound infection, may occur with breast enlargement surgery.

After Care

After surgery, patient should be dressed by a support bra or garment. Recovery period after breast surgery depends on a number of factors such as breast tissues, the size of the implant, position of the implant. The pain is experienced within the first 48 hours after breast augmentation surgery and start to decrease each day with the help of medications. You can take a shower following day of surgery. Patient may be able to return to work within a few days to a week however it is advisable to minimize excessive physical activity for at least the first few weeks after operation.

Op. Dr. Rıza İnan KOCAARSLAN
(With 15 years' experience)

Op. Dr. Rıza İnan Kocaarslan
Estetik, Plastik ve Rekonstrüktif Cerrahi Uzmanı
Dip. No: 11426
Dip. Tes. No: 126821
Lokman Hekim Esnaf Hastanesi