



Lokman Hekim
ESNAF HOSPITAL

Description of Eyelid Surgery

Eyelid surgery (also known as blepharoplasty) is cosmetic surgery to remove and reshape excess skin, fat or muscle from the eyelids, either upper or lower. It basically tightens sagging skin around the eye area. However, It's not just about aging problem or looking younger, you might be a suitable candidate for this procedure if your eyes' vision is affected by sagging skin.

How is it performed?

As with most surgery, patient firstly have blood test done before procedure. The surgery can be done under local anesthesia, sometimes with small doze of sedation or under general anesthesia (if general anesthesia will apply, anesthesia test is also required). During blepharoplasty, the surgeon cuts along the fold of the eyelid to remove sagging skin as well as muscles and excess fat. After the removing session, incision is closed with tiny stitches by surgeon.

Days of Stay

An upper eyelid surgery generally takes about one to two hour. On the other hand, surgery on the lower eyelid may takes a bit more than the upper. These can be performed in an outpatient settings separately. Nevertheless, general anesthesia is preferred way for lower eyelid procedures. Our hospital, Lokman Hekim Esnaf Hospital, allows patients to rest for about 1-2 hours after the procedure to observe and give them time for recovery. However if patient wants both at the same time, surgery is done under general anesthesia and it require one day stay at hospital. Fit to fly document will be given in 1-3 day.

Risks and Success Rates

Complications and bad results rarely occur after eyelid surgeries. Bleeding, infection, dry eyes or an inability to fully close the eyes might arise sometimes. However most of the patients have a very pleased result after the blepharoplasty.

After Care

There is a short recovery time after blepharoplasty when compared with other procedures. Bruising and swelling usually begin to disappear within 48 hours following operations by using wet cold compresses or gauze which reduce these effects around the eyes. The tiny stitches are usually removed in sixth day and most people return to normal activities after seven to ten days following blepharoplasty. Though, it is important to avoid doing activities that increase the pressure in your head within two weeks after the eyelid surgery.

Op. Dr. Rıza İnan KOCAARSLAN

(With 15 years' experience)

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